

PRAYER STUDY # 53

“Healing the Wounded Spirit”

From the book of the same title by John and Paula Sandford

The Slumbering Spirit

His watchmen are blind. All of them know nothing. All of them are dumb dogs unable to bark, dreamers lying down, who love to slumber. Isaiah 56:10

And this do, knowing the time, that it is already the hour for you to awaken from sleep; for now salvation is nearer to us than when we believed. Romans 13:11

Awake, awake. Clothe yourself in your strength, O Zion; Clothe yourself in your beautiful garments. Isaiah 52:1-2

Therefore, be on the alert-for you do not know when the master of the house is coming...lest He come and find you asleep. Mark 13:35-36

You, brethren, are not in darkness, that the day should overtake you like a thief; for you are all sons of light and sons of day. We are not of night nor of darkness; so then let us not sleep as others do, but let us be alert and sober. 1st Thessalonians 5:4-6

Behold, I am coming like a thief. Blessed is the one who stays awake and keeps his garments, lest he walk about naked and men see his shame. Revelation 16:15

FUNCTIONS OF OUR SPIRITS

1. Worship(John 4:23-24)
2. Satisfying private devotions
3. Ability to hear God
4. Inspiration & Creativity
5. Transcend time(i.e. remember happy memories and happy times to come)
6. Ability to communicate with others
7. Glory in marital sexual union
8. Protection from disease or buoyancy to throw it off quickly when we are ill
9. A good conscience

In Utero Encounters

Yet Thou art He who didst bring me forth from the womb; Thou didst make me trust when upon my mother's breast. Upon Thee I was cast from birth; Thou hast been my God from my mother's womb. Psalm 22:9

A joyful heart is good medicine, but a broken spirit dries up the bones. Proverbs 20:27

Thou hast been the helper of the orphan. Psalm 10:14

For my father and my mother have forsaken me, but the Lord will take me up. Psalm 27:10

The wicked are estranged from the womb. These who speak lies go astray from birth. Psalm 58:3

CLUES FOR IDENTIFICATION OF *In Utero* WOUNDS

A child is not wanted: striving, performance orientation, inordinate desire to please for rejecting before he can be rejected, anger wishing death, frequent illness, refusing affection, problems with bonding

A child is conceived out of wedlock: having a deep sense of shame, lack of belonging

Parents face a bad time financially: believe "I am a burden"

Fighting at home: nervousness, uptightness, fear, feeling guilty

Mother a heavy smoker: predisposition to severe anxiety

Mother consumes much caffeine: baby likely to have poor muscle tone, low activity level

Mother consumes alcohol: baby absorbs negative feelings which caused the mother to drink

Breech delivery: higher risk of having learning problems

Unusually painful delivery: anger, having ulcers, depression

Cord around neck: throat-related problems, anti-social behavior, speech impediments

Mother is afraid of gaining too much weight, does not eat properly: insatiable hunger, anger

Father dies or leaves: guilt, self-blame, anger, depression, death wish

Mother loses a loved one: deep sadness, fear of death, loneliness

Father's sexual approaches to mother are insensitive or violent or father or mother have more than one sexual partner: aversion to sex, generally unhealthy attitude towards sex