

## PRAYER STUDY #90

### **Self Deliverance**

*To whom God would make known what is the riches of the glory of this mystery among the Gentiles, which is CHRIST IN YOU, THE HOPE OF GLORY.*

Colossians 1:27

*Believe on the Lord Jesus Christ, and you will be delivered and so shall your household.*

Acts 16:34

*...Deliver Thyself...*

Proverbs 6:5

### **Three Requirements for Self-Deliverance**

1. You have repented and asked Jesus to save you.
2. You have forgiven everyone who has ever hurt you.
3. You want deliverance from the demons.

### **Derek Prince's 9 Steps to Deliverance**

1. Personally affirm your faith in Christ.
2. Humble yourself.
3. Confess any known sin.
4. Repent of all sins.
5. Forgive all other people.
6. Break with the occult and all false religion.
7. Prepare to be released from every curse over your life.
  - a. Mental or emotional breakdown
  - b. Repeated or chronic sicknesses(especially hereditary)
  - c. Barrenness, a tendency to miscarry or related female problems
  - d. Breakdown of marriage and family alienation
  - e. Continuing financial insufficiency
  - f. Being "accident-prone"
  - g. A family history of suicides or unnatural or untimely deaths
8. Take your stand with God. ("I submit my will, my purpose, my future, my whole life to God. I take my stand with God against all sin, all evil and every kind of demon.")
9. Expel!

### **Some First Love Practical Points to Self-Deliverance**

If there is a curse that has opened one up for demons, it must be broken. Any legal ground that the enemy has to have a hold on you must be broken by claiming the cleansing of the Blood of Jesus. If there is any unconfessed sin, it must be dealt with. When you get to Derek Prince's Step 9, you should call out the name of the demon (or its manifestation if you do not know the name) and demand firmly in the name of Jesus Christ that it leave. You do not need to shout or yell but may have to repeatedly demand in the name of Jesus that the demons leave and continue to plead the Blood. Demons will resist unless they know you know your authority in Jesus and know you mean business.

I have found that Demons come out often, *but not always*, through the mouth by simple breathing out, coughing, gagging, sometimes vomiting, choking, moans, shrieks, screams, etc. Often there appears to be no significant manifestation. Repeat sessions are sometimes necessary.

Speaking in tongues and the gift of discernment are very helpful in any deliverance. Fasting is often necessary, especially for certain kinds of demonization. If the demon returns, fast and pray and repeat the deliverance process with a ministry team. I personally prefer a small ministry team of 3 people. At least one preferably needs to operate in words of knowledge and discernment.

If you are attacked at night alone, plead the Blood of Jesus Christ over yourself over and over. If you cannot speak, think in your mind over and over JESUS, JESUS, JESUS until you can speak.

I cannot over emphasize the importance of praise in setting you free and keeping you free. **There almost always is a counter-attack after being set free.** Praise is a good antidote to the guilt, discouragement, unclean thoughts, that the enemy tries to put on you to rob, steal or destroy your deliverance. Also, there is definitely power in speaking the WORD OF GOD. You resist the devil in these ways and cause him to flee. He hates the name of Jesus. He hates the Blood of Jesus. He hates the Word of God. He hates the praises of God's people.

Anyone who goes through self-deliverance should get counsel from their pastor or a qualified Christian counselor. It is good to have a prayer partner who really prays and who agrees to cover you with prayer for several days following a self-deliverance and who will keep you accountable.

I am not sure this is scriptural and I welcome disagreement on this issue, but I usually differentiate between demons and spirits. Demons are more powerful and much harder to kick out. If a person is trying to walk in

obedience to the Lord, evil spirits are usually fairly easy to get rid of through self-deliverance. Demonic strongholds usually require a ministry team. If your body begins to shake, and you have thoughts you cannot control, STOP! You probably need to go through deliverance through the team approach.

### **Why Some People Are Not Delivered**

(taken from *Healing Through Deliverance* by Peter Horrobin pp. 253-255)

1. The counselee does not really know Jesus.
2. There is no faith that God is able or willing to heal and deliver.
3. There is no belief that Jesus wants to heal the counselee.
4. Life is out of balance-in disorder or spiritual chaos.
5. Bitterness and unforgiveness
6. Unresolved pain or guilt
7. Praying for the wrong thing
8. The counselee believes that Christians can't have demons or is possibly under a spiritual covering that holds such a view.
9. There is unconfessed sin which the counselee is wanting to keep hidden.
10. Ungodly soul-ties are still in place.
11. The counselee is either under, or using, ungodly domination or control.
12. There are occult powers in place whose control has not been broken either in the counselee or in those with whom there is a close linking.
13. There is little or no anointing in the place of ministry-due to uncleansed ground, buildings or organizations.
14. There is hidden or unrecognized abuse or emotional damage that still needs healing.
15. Curses of sickness or death are still in place.
16. Generational sin and/or demonization has not been dealt with.
17. There is an inner brokenness through trauma and deeper healing is needed.
18. The counselee is living in denial of the real problem.
19. The counselee has made inner vows which need to be renounced.
20. The counselee is in disobedience over something God has already told them to do(which they are not agreeing to).
21. The ministry team need to seek the Lord for specific revelation about hidden demonic controls affecting the individual concerned.

22. The counselee doesn't really want to be healed.
23. Counselee is not under Godly authority.
24. Lack of discipling in the local church
25. Legalism
26. Blocked memories that need to be released
27. Passivity
28. The ministry team members are not in a right relationship with each other and are blocking the anointing.
29. God's timing
30. The person is suffering from a sickness that is unto death and needs to be prepared to meet the Lord.

### **Demons Attacking the Physical Body**

(taken from *Demon Hit List* by John Eckhardt pp. 85-88)

Ears: spiritual deafness, spirits of error, lying spirits, suicide

Eyes: lust, pornography, witchcraft

Head: Occult spirits, Satanism, suicide

Mouth: serpent spirits, lying spirits, addictions

Navel: an entry point for demons coming through the umbilical cord before and at birth, spirits of inheritance and ancestral bloodline curses and spirits

Spine: Kundalini, witchcraft

Stomach: spirits of lust and fear

*Spirits of lust and fear can lodge in the stomach area. Lust can also lodge in any part of the body that has been yielded to sexual sin(Romans 6:16) including masturbation(hands), oral sex(mouth and tongue), homosexuality(rectum), and pornography(eyes). Spirits of lust also dwell in the genitals. Many spirits of infirmity lodge in the spine(Luke 13:11). Witchcraft can lodge in the hands(Micah 5:12), and addiction spirits often lodge in the stomach, mouth, throat, and tongue(taste buds).*