

PRAYER STUDY #99

Healing the Broken Hearted

The Lord doth build up Jerusalem; He gathered together the outcast of Israel. He healeth the broken in heart and bindeth up their wounds.

Psalm 147:2-3

The following material is taken from the book *Deep Wounds: Deep Healing* by Charles H. Kraft:

Typical Clusters of Emotional Problems p.73

Unforgiveness

Anger at others

Bitterness

Resentment

Fear

Wide variety of kinds

(e.g., of rejection, dark, heights, being alone, being in crowds, pain, disease, death, intimacy)

Rebellion

Stubbornness

Self-rejection

Anger at self, feelings of inadequacy and unworthiness, performance orientation, critical spirit, feelings of rejection by others, hypersensitivity

Critical spirit

Fault-finding, judgmentalism, intolerance, condemnation

Confusion

Frustration, forgetfulness

Discouragement

Disappointment, anger at God or fate or life in general

Hatred

Desire for revenge or even murder

Guilt

Shame, embarrassment

Typical Compulsions and/or Addictions p.73

Need to control

Possessiveness

Performance Orientation

Need to please others

Masturbation

(Obsessive)

Need to Understand

Intellectualism, rationalization

Lust

Sexual fantasy, pornography

Religiosity

Doctrinal obsession, ritualism

Homosexuality

(gay or lesbian)

Addictions

Drugs, alcohol, nicotine, etc.

Roots and Fruits of Prebirth Conditions pp.140141

Root conditions

Fruit of Condition after Birth

1. Child not wanted: performance orientation, inordinate desire to please or rejecting before rejected, apologizing, wishing death, frequent illness, refusing affection, insatiable desire for affection.
2. Conceived out of wedlock or before parents were ready: deep sense of shame, lack of belonging, believing "I'm a burden or an intrusion"
3. Wrong sex: trying to be other sex, striving to please, defeatist attitude("I was wrong from the beginning"), sometimes contributes to homosexuality
4. Next child after miscarriage/abortion: trying to make up for the loss, over-serious, striving, anger at being a "replacement," not getting to be "me"
5. Mother's fear of childbirth: fear, insecurity, fear of childbearing
6. Mother loses loved one during pregnancy: deep sadness, depression, death wish, fear of death, loneliness, fear of loss of loved one, feeling he/she has no one to depend on except self
7. Mother heavy smoker, drinker of alcohol or coffee: Predisposition to severe anxiety, chemical damage, baby absorbs negative attitudes that caused mother to drink, low activity level
8. Fighting in home: nervousness, uptightness, fear, jumpiness, keeping people from quarreling, feeling guilty when in conflict, taking emotional responsibility for parents
9. Father dies or leaves: guilt, self-blame, anger, expectation of abandonment, inordinate hunger to find substitute, death wish, depression
10. Violent and/or unwholesome sex during pregnancy, more than one sex partner: aversion to sex, fear of male organ, unhealthy sexual attitudes
11. Induced labor or C-section: bonding problems, intense craving for physical contact, sexual perversion
12. Unusually painful delivery: unacceptably expressed anger, depression
13. Cord around neck: throat-related problems, problems with swallowing, speech impediment, anti-social behavior

Proverbs 18:14 *The spirit of a man will sustain his infirmity, but a wounded spirit, who can bear? [A man's spirit will endure sickness, but a broken spirit who can carry?]*

Isaiah 53:4-5 *Surely He hath borne our grieves and carried our sorrows; yet we did esteem Him smitten of God and afflicted. But He was wounded for our transgressions; He was bruised for our iniquities; the chastisement for our peace was upon Him and with His stripes we are healed.*

Jeremiah 30:17 *For I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord, because they called thee an outcast, saying, This is Zion, whom no man seeketh after.*

According to the Word of God You Are:

New Creation, Heir of God, Joint-Heir with Jesus, One with the Word, Righteousness of God in Christ Jesus, In perfect health, Chosen One, Blessed with every spiritual blessing, Standing and acting on the Word, Doer of the Word, Free from law and tradition, Free from want, In favor with God and man, Saved, Redeemed, Sanctified, forgiven, eternal, resurrected with Him, victorious in all things, Cleansed from all unrighteousness, More than a conqueror, Abiding in Him, Carefree, Oak of righteousness, Wealthy in all things, Part of His Body, Having no lack in anything, Set apart, peculiar, a gift, salt, a believer, a branch of the Vine, High and lifted up into Heavenly places, An overcomer, Partaker of His Divine Nature, a member of the Royal family, Unwavering, Loving, Redeemed from the curse of the law and its ability to rule you, Forgiving, Full of joy, Tenderhearted, Delivered from evil, Far from oppression and fear, Blessed of the Father, Temple of the Holy Spirit, Single-minded to His Word, Strong in Him and the power of HIS might, A Faith being, Walking in Victory, Healed, Steadfast, Reigning in life, Speaking faith-filled words, God-inside minded, Pulling down enemy strongholds in Jesus Name, Beloved in the brethren, Complete in Him, Bearing fruit that remains, Peaceful, Casting down any thoughts contrary to His Word and thinking on all those things that are pure, lovely, honest and of good report, Clad in His full armour and trusting in His Ability.

Pat Carver